

Partnerships for Families

A collaborative research project

RESEARCH TEAM

PRINCIPAL INVESTIGATOR

DAVID KOLKO

COMMUNITY LIAISON

AMY HERSHELL (CO-INVESTIGATOR)

COMMUNITY LIAISON

BARBARA BAUMANN (CO-INVESTIGATOR)

CO-INVESTIGATOR

STEPHEN WISNIEWSKI

PROJECT COORDINATOR

BETSY HOLDEN

RESEARCH FELLOW

TAMMY BEAN (EDITOR)

ADMINISTRATION

HEATHER BRAGG

STUDY AIMS

The goal of the research study is to better understand the effectiveness of AF-CBT in community settings.

THE PROJECT BEGINS!!!

After months of diligent preparation, such as scheduling, planning and developing materials, the Partnerships for Families Project officially started on August 4, 2006 when the first training session was given by Amy Herschell and David Kolko to counselors at Family Pathways.

The goal of the project is to better understand how Abuse-Focused Cognitive Behavioral Therapy (AF-CBT) can be used effectively in "real life" community settings to help children and families. The main purpose of the therapy is to stop the reoccurrence of physical abuse in families that have received treatment.

The project will have two waves of training to accommodate the schedules of the different agencies involved in the project. The first in August and September and the second wave will take place in the

spring of next year.

After the four day training, each agency will receive tailored consultation sessions to provide assistance to the counselors in the implementation of the treatment approach.

In addition to the session guide and workbooks for parents and children, counselors attending the trainings will receive a gift bag full of all of the necessary materials to be able to directly implement the AF-CBT approach. Counselors who will not be taking part in the training but are taking part in the study will receive similar materials.

A special - thank you - to the agencies hosting the first wave of trainings: Family Pathways, Family Links, and Every Child. We sincerely appreciate your participation and hospitality.

COLLABORATING AGENCIES

AUBERLE

WWW.AUBERLE.ORG

EVERY CHILD

WWW.EVERYCHILDINC.ORG

FAMILY LINKS

WWW.FAMILYLINKS.ORG

FAMILY PATHWAYS

WWW.FAMILYPATHWAYS.NET

FAMILY RESOURCES

WWW.FAMILYRESOURCESOFPA.ORG

RANKIN CHRISTIAN CENTER

WWW.RANKINCHRISTIANCENTER.ORG

WPIC

WPIC.UPMC.COM/CLINICALSVCS.HTM



Barbara explaining the ABC's of CBT during a training

MEDIA MADNESS

MAKING VIDEOS, A WEBSITE, BROCHURE AND NEWSLETTER

It is important to keep everyone up to date and informed about the project. To do this several forms of media are being used. First, videos have been made of therapy sessions to illustrate specific points of the AF-CBT approach for training purposes. In the future, these videos will be available on

the website for other counselors to learn about AF-CBT. The website is moving along well. The website provides information to community counselors and to families about many topics. These are only a few. On September 1 the website should be fully functional. This newsletter will regularly

inform all of the participant about how the study is progressing. Finally, for the recruitment of families a brochure will be created to give some background information about the project and contact information for families.



David and Amy editing the video clips

Partnerships for Families

COMMUNITY ADVISORY BOARD

A community advisory board is a formalized partnership between representative community agencies and university-based researchers.

In the Partnerships for Families project, the community advisory board (CAB) consists of representatives from each participating agency, the Allegheny County Office of Children, Youth, and Families, and the investigative team at the University of Pittsburgh.

The CAB meets once each

month to discuss issues that have come up in the project or to plan for future stages of the project.

The Advisory board has been helpful and will remain critical in addressing how the project can be adapted to the needs of the agencies and families that are taking part in the project.

We are grateful for participation and guidance of the CAB in the Partnerships for Families project.

We would like to use this opportunity to introduce the members of the CAB: Annette Trunzo (facilitator), Jenn Cook (Auberle), Angela Steele (CYF), Jim Cassels, Jessica Galbraith, and Aimee Silvio (Every Child), Michael Tabachnick (Family Links), Hope Winkowski (Family Pathways), Ann Barrows (Family Resources), Jason Russell (Rankin Christian Center), Amy Herschell, Barbara Baumann, Betsy Austin Holden, and Heather Bragg (University of Pittsburgh),

and Michael McNabb and Jeannie Starzynski (WPIC).



AGENCY OF THE MONTH-- COMING SOON!

Every month we would like to highlight the work of one of the agencies participating in the Partnerships for Families Project. For next week's newsletter we will be asking one of the agencies if we can come and interview them on their work and other activities they are involved with. We would also like to take a few pictures to give others in the project an idea about your agency.



"Children will not remember you for the material things you provided but for the feeling that you cherished them"

R. L. Evans

UPMC

LOCATION:

100 N. Bellefield Ave.
Bellefield Towers 5th Floor
3811 O'Hara Street
Pittsburgh, PA 15213
e-mail: partnerships@upmc.edu

Website: www.partnershipsforfamilies.org/

FOR MORE INFORMATION

Please feel free to contact us at

1-800-518-0384

If you have any questions about or would like more information on the Partnerships for Families Project.

